ALCOHOLISM FOUNDATION OF MANITOBA

ANNUAL REPORT

for Fiscal Year 1981/82

1580 Dublin Avenue, Winnipeg, Manitoba R3E 0L4 (204) 775-8601

ALCOHOLISM FOUNDATION OF MANITOBA

June 16, 1982

The Hon. L. Desjardins
Minister of Health
Room 301
Legislative Building
WINNIPEG, Manitoba

Dear Mr. Minister:

It is my honour to present, on behalf of the Board of Governors of the Alcoholism Foundation of Manitoba, the Annual Report for the fiscal year 1981-82 and the audited Financial Statements for the fiscal year ending March 31, 1982.

Respectfully yours,

Gary L. Miles
Chairman

GLM/gr

201 - 1580 Dublin Avenue, Winnipeg, Manitoba R3E 0L4 (204) 775-8601

TABLE OF CONTENTS

BOARD OF GOVERNORS 1

SENIOR STAFF APPOINTMENTS 2

ORGANIZATION CHART 3

CHAIRMAN'S REMARKS 4

EXECUTIVE DIRECTOR'S OVERVIEW OF REHABILITATION SERVICES . . . 6

DIRECTORATE OF PREVENTION & EXTENSION SERVICES 9

HIGHLIGHTS FROM THE REGIONAL ADMINISTRATORS' REPORTS :

NORMAN THOMPSON REGION 14

WESTMAN REGION 16

WINNIPEG REGION 17

A.F.M. SERVICES 18

AUDITOR'S REPORT 23

THE ALCOHOLISM FOUNDATION OF MANITOBA

BOARD OF GOVERNORS
(As of March 31, 1982)

THE HONOURABLE L. DESJARDIN
Minister of Health

Mr. Gary L. Miles (Chairman)
General Manager, CKRC

Mr. Jack Drapack (Treasurer)
Lawyer, Cameron, Drapack & Howell
Thompson

Mrs. Heather Goddard
Chartered Accountant
Clarkson, Gordon and Co.

Mrs. Helen Harmon
Income Tax Processor
H. & R. Block
Melita

Dr. Shirley Parker
Micro-Biologist
Health Sciences Centre

Mr. Harry Prosen
Professor & Head
Department of Psychiatry
University of Manitoba

Judge Charles Rubin
Public Safety Building

Mr. James Toal
Special Consultant
A.F.M.

Mr. Erv Tycholiz
Consultant, Dauphin

Mr. Grant Webster
(Vice-Chairman)
Lawyer
Private Practice

Mr. Henry Wilson
Former Chief
Swampy Cree Tribal Council
The Pas

Deputy Chief Ray Wilson
Winnipeg Police Department

Mr. David F. Cruickshank
(Ex-Officio Member)
Executive Director - A.F.M.

THE ALCOHOLISM FOUNDATION OF MANITOBA
(As of March 31, 1982)

THE HONOURABLE L. DESJARDIN
Minister of Health

SENIOR OFFICERS

DAVID F. CRUICKSHANK
Executive Director

G. ROSS RAMSEY, M.S.W.
Assistant Executive Director

IAN J. PUCHLIK, R.I.A.
Director, Administration and Finance

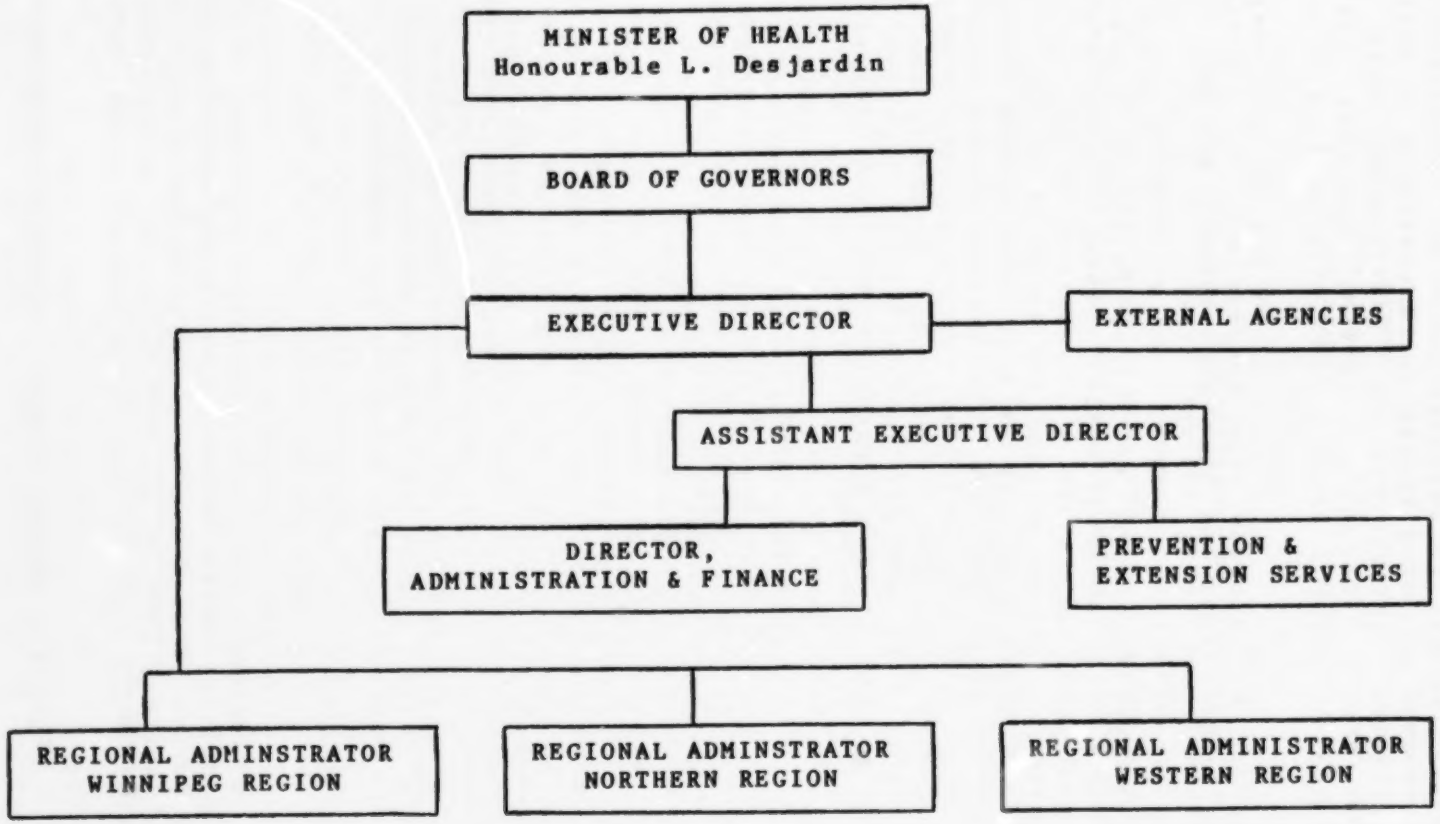
REGIONAL ADMINISTRATORS

CYRIL DECOURCEY
Winnipeg Region

HERB THOMPSON
Northern Region

EDWARD LUDWIG
Western Region

THE ALCOHOLISM FOUNDATION OF MANITOBA - ORGANIZATIONAL CHART



CHAIRMAN'S REMARKS - ANNUAL REPORT - A.F.M.

This year saw a further milestone for the Alcoholism Foundation of Manitoba in the rehabilitation process for the citizens of Manitoba. The Province of Manitoba has been a leading pioneer in the rehabilitation field with programs being initiated as far back as 1951. The A.F.M. acquired its first premises on Nassau Street in 1956.

This year the A.F.M. purchased two buildings at Portage Avenue and Sherburn Street. The purchase of these buildings was necessary to consolidate the A.F.M.'s present operations into a single, central location and to make as many services more conveniently available to our citizens. As a result of this consolidation, the A.F.M. will bring together its provincial headquarters and administrative staff, its public and school education staff and programs, its prevention staff and programs, its library of printed material and films and some of its Winnipeg rehabilitation staff and programs. This high profile location, necessary in the continued fight against the denial of alcohol and drug abuse, also makes it ideal for easy access to high school and university students and members of the public seeking information on alcohol and drugs. This accessibility will enable us to accommodate larger numbers in the training of nurses, policemen, personnel officers, union shop stewards and other professionals in dealing with alcohol and drug problems in the community's workplace.

School surveys conducted throughout the Province of Manitoba during 1977 and 1978 indicated that the age of alcoholics and drug addicts was dropping. As a result, new youth programs were established on a non-residential basis to deal with this occurrence. The new A.F.M. complex will make available to the Province the first residential program for this group as well as rehabilitation hostel services for persons in need of being isolated from the family setting for a period of a few days to a period of a few weeks. Rehabilitation programs will be presented for all persons, including youth, on an out-patient and non-residential basis.

As well, the new primary care unit and other rehabilitation programs proposed for the complex will enhance the spectrum of services offered by the A.F.M.

Along with Alcohol Treatment Workers located in Portage la Prairie, Gimli, Rossburn, Thompson, Flin Flon, Gillam and Swan River, we have established non-residential rehabilitative programs making it unnecessary for people from the communities to travel long distances. A major addition to the Parklands area

was the opening of the Willard Monson House in Ste. Rose du Lac. This twenty-five bed facility offers rehabilitation services to that area and is a major expansion for the A.F.M.

As outlined in this report, the A.F.M. has also made significant gains in preventative programs, including "Dialogue on Drinking", "Kids and Drugs" and "Drugs and the Elderly". These are in addition to the extensive training programs and other support services offered in our preventative approach, such as the development of education materials in co-operation with the Department of Education, the Manitoba Teachers' Society and the Manitoba Association of School Trustees.

The Board continues to dialogue with the Regional Advisory Board of the Native Alcohol and Drug Abuse Program to ensure, where possible, a coordination of provincial and federal programs targeting Native peoples. In the past year, we have jointly established a committee of the two Boards to encourage our communication and collaboration.

The Board is pleased with the direction the A.F.M. has taken and the in-roads that the staff has made in addressing themselves to the mandate as outlined in the Act. We are, however, very concerned about the changing economic times and the necessity for constant re-examination of our priorities in terms of money and human resources. We cannot ignore these times and conditions that are surrounding us. We are concerned about the short-term economic situation and the very dim prospects for any long-term relief in the next year or so. These same economic conditions cause a "Catch 22" situation, as high periods of unemployment and recessionary times produce more symptomatic problems in alcohol and drug abuse and, therefore, will provide more strain on our existing facilities. Your Board will be dedicated to a constant examination of these priorities in light of the economic times, ensuring that the fundamental purpose of the A.F.M. is carried through to the best of our ability in terms of monetary and human resources.

I would like to thank the Board under whose stewardship the A.F.M. has steered a steady course over the last year and, on behalf of the Directors, I would like to commend the efforts of the management and staff at all levels for a most successful year's operation and in positioning the A.F.M. for its future work and activities.

Gary L. Miles
Chairman
Board of Governors

GLM/gr

1981/82 ANNUAL REPORT

The A.F.M. is aware that the incidence of alcoholism and chemical dependency in general is remaining at least constant; and that while present facilities for rehabilitation are adequate in some areas, they continue to fall short in others. We have need for expanded community based after-care counsellors in many areas of the province and there are needs for improved alcoholism rehabilitation facilities within the correction system.

Rehabilitation centres with their 14 or 21-day housing and therapy are essential to separating some persons from their dependency. They are of little value, however, without extensive after-care and continuing-care programs in each community. These must include a combination of professional and mutual-help services. Long-term recovery is not often possible without a continuing effort to place our resources into community based after-care services and, as a result, the A.F.M. requires a continuance of its Alcohol Treatment Workers network expansion.

Detoxification and facilities to handle persons apprehended under the Intoxicated Persons Detention Act are still inadequate in many provincial areas. Studies and solutions are required.

Programs within the correction system are in need of attention for more resources. Improved programming with regard to impaired driving is necessary, both educational and rehabilitative.

The new A.F.M. Impaired Drivers Intervention Program for second offenders, in cooperation with the Motor Vehicle Branch, is the beginning of what is seen to be a multi-faceted, comprehensive approach to impaired driving which is essential in the future. The second offenders program was developed with the limited resources available within the A.F.M. This program began operation in Winnipeg in the past year and has gradually spread to Brandon, Dauphin, The Pas and Thompson. The provincial statistics are 277 persons participating in this program to date.

In the acquisition of the new Rehabilitation Centre, located at 1041 Portage Avenue in Winnipeg, the rehabilitation staff of the A.F.M. have been busy with the development of new programs for the rehabilitation of alcoholism and chemical dependency within the city. The new facility will bring about an amalgamation of many of the A.F.M.'s services which are spread throughout the city, including the relocation of the main administrative

management group from Dublin Avenue, the operation of the new primary care unit and the youth program. Funds for the new rehabilitation services in downtown Winnipeg will be available in the fall of 1982.

The new youth rehabilitation program began in August of 1981 on a non-residential basis. A 10-bed residential capacity is scheduled for commencement in early autumn of 1982. The program consists of several services:

- Rehabilitation program (30 days) for addicted young persons.
- Educational and intervention programs for youth "at risk".
- Parenting programs for parents of youth who are addicted to chemicals.
- Follow-up and after-care counselling and referral to community based mutual-help groups.

Since the inception of the non-residential portion of the program, there have been 175 young persons admitted to the program. The average age is 16 years old.

1981/82 REHABILITATION STATISTICS

1. A.F.M. and its funded agencies:

Total admissions to detox facilities	4,160
Total admissions to residential and non-residential programs (April 1981 to March 1982)	6,748

2. Hospitals and Physicians:

Final statistics for the year ending March 1982 were not available in time to be included in this report. However, in view of the experience of past years there are over 1,500 admissions each year to the hospitals in Manitoba for alcohol and drug problems. In addition, over 5,000 individuals are seen by physicians specifically for their alcohol and drug problems.

3. The above figures indicate that at least 10,000 Manitobans with alcohol and drug problems are seen each year either by the medical profession or the A.F.M. and its funded agencies.

4. Over 6,000 individuals are arrested each year for impaired driving.

5. A total of more than 12,500 apprehensions under the Intoxicated Persons Detention Act are made each year by the Winnipeg City Police and the R.C.M.P.

DIRECTORATE OF PREVENTION AND EXTENSION SERVICES

As in previous years, the Directorate of Prevention and Extension Services was guided by four objectives. These are:

1) To provide the maximum number of provincial citizens with drug awareness information and training designed to effect early intervention in the rehabilitation process;

2) To promote non-drug dependent lifestyles in a maximum number of citizens;

3) To promote and extend our rehabilitation, prevention, and evaluation and research programs to a maximum number of citizens in Manitoba;

4) To promote and conduct evaluation and research designed to improve all services and programs in the field of drug dependency.

Our programs are conducted province-wide and are successful due to the collaboration of regional and central office personnel. Throughout the last year, we maintained an organizational structure consisting of Community Mobilization, Evaluation and Research, Training and Information Area sections.

The A.F.M. has adopted youth and parenting programs as a high priority. This is reflected in many departmental accomplishments in regards to resource and program development. As a result of this thrust, we have enjoyed the opportunity to increase our collaboration with staff of the Department of Education and representatives of the Manitoba Teacher's Society (M.T.S.) and the Manitoba Association of School Trustees (M.A.S.T.). We are encouraged by work to date on drug education materials being developed for delivery in primary schools throughout the province. Simultaneously, personnel in the department have increased our collaboration with community groups, volunteers, institutions of higher learning, professional associations, other departments of the Federal and Provincial Goverments, and representatives of management and labour to mobilize solutions to problems created by the hazardous use of drugs.

COMMUNITY MOBILIZATION

A total of 10,351 Manitobans participated in training and information programs presented by Community Mobilization staff. In total, more than four times the number of participants were involved this year as compared with the preceding year. We take pride in these significant statistics and note that our internationally renowned Parent's Program, "Kids and Drugs", and our revised In-School Program (for students), have proven to be valuable assets in this achievement. Our Community Mobilization target groups for prevention programs and the number of participants in each group were as follows:

The School System	
- students (classroom education programs)	4,291
- teachers and guidance counsellors - training	125
Parents	
- training and information programs	929
Native People	
- training and information programs	1,376
Employee Assistance Programs (E.A.P.)	
- training/information/consultations	403
Senior Citizens	
- training and information programs	606
Human Service Professionals	
- (including health professionals, social service personnel, and correctional employees)	1,551
Other General Information Sessions	1,070
Total Community Mobilization Program Participants	10,351

In conclusion, we would like to draw attention to other promising developments. We have developed an excellent drug education program for senior citizens entitled "Drug Use and the Aging Process" in collaboration with the Age and Opportunity Centre. We have expanded our programs to human service professionals in order to enlist their support and active involvement in our prevention activities. We continue to increase the effectiveness of our Employee Assistance Program services to management and labour who are seriously concerned about employees whose problems detrimentally affect their work performance. And finally, we continue to apply our knowledge of chemical dependency towards objectives established by Native groups for Native peoples throughout the Province.

TRAINING UNIT

The Unit initiates development programs and responds to the training needs of A.F.M. and other agency staff desiring to assist individuals who are chemically dependent or concerned with problems related thereto. The Unit works collaboratively with our central and regional staff, community agencies and institutions to ensure the development and implementation of professional quality training programs.

The Training Unit, in conjunction with A.F.M. Rehabilitation Team Leaders, conducted a course entitled Counselling Alcoholic Clients, which was the major A.F.M. staff development thrust for this past year. This and other programs accounted for the following statistics:

Community Agenices and Institutions	600
Staff Development	300
Public Information	800

The Unit is also continuing to establish basic alcohol programs in community colleges and universities throughout Manitoba. To this end, a course entitled "Core Knowledge" was conducted for the second year social work students at the University of Manitoba and the "Chemical Dependency Intervention Course" was conducted at the Red River Community College, offering a credit towards the Social Services Certificate and the Industrial Nurses courses.

We have also co-sponsored a workshop with the Interfaith Pastoral Institute on How To Be A Parent and Survive featuring Mr. Dick Schaefer of the Tough Love Centre in Fargo, North Dakota. Community response to this workshop was overwhelming and resulted in over 350 parents participating.

EVALUATION AND RESEARCH

This position is responsible for the implementation and coordination of the major program evaluation and research activities of the A.F.M. The information produced by these activities is fundamental to the function of the A.F.M., both for monitoring our present services and for use as a planning tool in the development of new programs.

The major priority of this area is the continuous development and maintenance of the A.F.M. computerized data system, which captures information from all A.F.M. rehabilitation centres as well as from many of our funded agencies. During the year, the system was expanded to include a follow-up component for the A.F.M. rehabilitation centres. This collection of program outcome information is a major refinement to the system, as the systematic, ongoing collection of this data will provide an invaluable insight into the functioning of the rehabilitation programs.

The position has also developed an extensive collection of statistical indicators of the implications of alcohol and drug use in Manitoba for use in presentations to the public, the helping professions and government. A summary of these statistics was contained in the publication "Fast Facts: A Summary of Answers to Frequently Asked Questions", which is available to the general public.

INFORMATION AREA

The Information Area includes the William Potoroka Memorial Library, which contains current printed and audio-visual information in the field of addictions and other related subjects, and is open to the staff and public from 8:30 a.m. to 4:30 p.m., Monday to Friday at 1580 Dublin Avenue, telephone 775-8601.

At present, our collection consists of:

45	Journal titles
3,300	Book titles
323	Films
189 .	Video tapes
19	Pamphlet titles available for public distribution
78	Filmstrips
5	Types of posters available for public distribution

During the last year, the Information Area developed two new digests relating to chemical use and dependency directed at parents and youth. This was part of the second phase of information development, the first of which were the basic substance information brochures developed in the previous year.

In addition, the library has:

- Catalogued (purchased) 324 books
- Circulated 1,290 books (167 of the borrowers were from the public sector) and 76 journal articles
- Produced 368 overhead transparencies for staff use in programs
- Handled 540 reference enquiries
- Mailed out 860 individual mail-out requests for literature
- Loaned out 4,126 audio-visuals (films, filmstrips, video tapes)
- Distributed 150,500 pieces of literature (to public, staff and regional offices)

HIGHLIGHTS FROM THE REGIONAL ADMINISTRATORS' REPORTS

NORMAN THOMPSON REGION

The 1981/82 fiscal year of operation for the Alcoholism Foundation in the Norman Thompson Region was again a very active time. Cameron Lodge, our Residential Rehabilitation Centre, was quite busy, operating at full capacity for the total year and not experiencing its normal slow down during the summer months. We've had a number of changes in Cameron Lodge in that the Rehabilitation Supervisor left to further his education and move into a different field. Mr. Ken Houston joined us in July as his replacement. Ken has fit in well with the staff and has brought many new ideas which have been very beneficial to client and staff to add to the already existing program.

We had clients referred to us from as far away as Tadoule, Lac Brochet, Churchill in the North; Grand Rapids, Easterville in the South; Flin Flon and The Pas in the West; and Gillam and Shamattawa in the East. One of the good things that we have experienced in our Residential Rehabilitation Program is an extremely cohesive staff who have been able to meet the variety of needs exhibited by drawing clients from such a wide and varied background.

The staff that service the Non-Resident Outreach area in Gillam, Ilford, Pikwitonei; Lynn Lake, Leaf Rapids; Nelson House, Wabowden, South Indian Lake; Flin Flon, Snow Lake, Cranberry; The Pas, Easterville, Grand Rapids; and our new area of Swan River, experienced a very active year in the delivery of services to residents in their respective areas. These services include the intervention and referral of persons experiencing problems with alcohol and other drugs to rehabilitation centres, counselling the affected person and acting as an after-care counsellor with those persons coming back from rehabilitation centres. Another segment of their job is to conduct workshops required by the community and professionals to increase the commuity skills in dealing with alcohol, drug and lifestyle programs. These workshops are held in hospitals, schools, etc. for significant people within the communities. One of the programs that has helped many people in the North is a program called "Systematic Training for Effective Parenting". In Thompson, during the last fiscal year, there were seven workshops held for a total of 80 persons, and the program was also delivered in the communities of Lynn Lake, Leaf Rapids and Gillam by community support persons.

The school programs have definitely been an area where the Foundation has contributed a lot of support. The Student Match Programs are now running in Thompson and Leaf Rapids with the Peer Facilitation and Ombudsman Programs running in Cranberry Portage and Thompson. The Teacher Training Workshop was held in Cranberry Portage with teachers from most of the communities in the North as well as some of the reserve areas and again met with good success in helping to develop community support and resources in education.

The one program that exemplifies the hard work and community support the Foundation enjoyed in the North was shown by the success of the "Dialogue on Drinking" campaigns conducted in both The Pas and Thompson. Committees from both communities, together with staff, conducted school campaigns, radio interviews, newspaper ads and a house information drop to help make persons more aware of the part that alcohol plays in their lives.

One of the highlights for the Foundation in the Thompson School System was a workshop for teachers sponsored by the School District of Mystery Lake, Inco Metals Ltd., and the Foundation, in which a speaker, Dick Schaefer, was brought in from North Dakota. All of the teachers from the School District of Mystery Lake were in attendance and the momentum from this workshop has helped in establishing a number of self-help groups within the School District, as well as led to the implementation of the program called "Systematic Training for Effective Teaching" which has met with good success.

I would like to, at this time, take the opportunity of thanking the staff of the Thompson Norman Region for the dedication and commitment to the Field and making this year of 1981/82 a most successful and gratifying time.

HERB THOMPSON
REGIONAL ADMINISTRATOR
THOMPSON NORMAN REGION

WESTMAN REGION

This has been a year of considerable change for Westman Region. The adoption of the former Alcare Centre at Ste. Rose was formalized early in this fiscal year and named Willard Monson House. This facility has a twenty-five bed capacity.

The various group programs such as Adult Education, Family Assistance Groups, Women's, Youth Groups, and Juvenile Impaired Programs continued and expanded at Matheson House.

Sun Centre changed the 21-day program to 14 days to experiment and to evaluate. The evaluations to date prove that it was a successful program initiative. As a result, there is an increased handling of Employment Assistance Program cases.

The average age of clients is dropping each year bringing about a renewed emphasis for the implementation of youth programs. Our Western Region Advisory Board has been increasingly active with youth concerns as well as with ongoing problems.

Last fall we contracted four New Careers students and all four are doing well in their training and have a promising future with us.

All three Field Workers managed to expand our services to more communities than in previous years. There are a number of ongoing training courses, not only for our own staff but for other agency workers which are very successful. Many of these are held in conjunction with our rehabilitation teams.

Our total staff, including the new additions from Ste. Rose, is showing much dedication and development for the good of A.F.M. and its missions.

In May, 1981, we co-sponsored the Canadian Addictions Foundation Regional Symposium "Bridging the Gap" at Brandon University, which was attended by over 250 people from the Western provinces. This proved to be an outstanding event.

The past fiscal year was rewarding for our clients and was also challenging and of considerable fulfillment for all of us in Westman Region.

ED LUDWIG
REGIONAL ADMINISTRATOR
WESTMAN REGION

WINNIPEG REGION

1981-82 has been a productive period for the Winnipeg Region. Residential programs have been operating at capacity and, as a result, non-residential program participation has increased. The non-residential unit now has three groups running daily -- morning, afternoon and evening.

Headingley Correctional Institute has consistently been running with 12 - 15 inmates in each program. We also instituted a four-session information-education program into the Women's Correctional Institute in Portage la Prairie, as well as a full-time counsellor into Stony Mountain Penitentiary.

This year has also seen the continuation of our Impaired Drivers Program. This program consists of two individual counselling sessions, plus one full day educational seminar to those individuals referred by the Motor Vehicle Branch who have been convicted of two Impaired Driving offenses. This year 145 people have participated in our program with a high percentage following through with a rehabilitation program and/or A.A.

The A.F.M. Youth Program formally began in August 1981 at our new premises at 1041 Portage Avenue. Though relocation to the new premises is not yet complete, this non-residential three-week process is currently offered each day outside school hours. The program has now expanded to include afternoon sessions for those adolescents not in school or unemployed, plus a parents' intervention program. To date, there have been 175 adolescents participating, the average age being 16 years. The Youth Program is based on the belief that young people need to receive consistent messages about chemical dependency. To this end, the youth workers are closely linked to other agencies in the field. This approach, known as "networking", has aided developing the "brick-wall" concept,whereby young people hear the same message no matter which agency they approach.

We are in the process of conducting a formalized follow-up study on all our clients. This will provide us with relevant information as to client outcome and will in turn provide us with factual information relative to program effectiveness.

CYRIL DECOURCEY
REGIONAL ADMINSTRATOR
WINNIPEG REGION

A.F.M. SERVICES

REHABILITATION SERVICES

A.F.M. rehabilitation programs are operated at the following centres:

1) Winnipeg

Christie Centre,
586 River Avenue,
Winnipeg, Manitoba.
Intake, Non-Residential Programs and Special Programs

Nassau House,
100 Nassau Street, N.,
Winnipeg, Manitoba.
Male Residential

The Women's River Avenue Centre,
588 River Avenue,
Winnipeg, Manitoba.
Female Residential and Non-Residential Programs

Stradbrook House,
530 Stradbrook Avenue,
Winnipeg, Manitoba.
Male Residential (closed February 1982)

1041 Portage Avenue,
Winnipeg, Manitoba.
Youth Non-Residential Programs

2) Westman

Matheson House,
1039 Louise Avenue,
Brandon, Manitoba.
Individual and Family Counselling, Field Services

Sun Centre,
24 - 10th Street,
Brandon, Manitoba.
Detoxification and Residential (Male/Female)

Willard Monson House,
P.O. Box 282,
Ste. Rose du Lac, Manitoba.
Residential (Male/Female)

3) Norman

Non-Residential Rehabilitation
Room 245, Evergreen Place,
Cree Road,
Thompson, Manitoba.
Individual and Family Counselling

Cameron Lodge,
116 Hemlock Crescent,
Thompson, Manitoba.
Residential (Male/Female), Field Services

A.F.M. - Norman,
The Pas Health Complex,
P.O. Box 3103,
The Pas, Manitoba.
Individual and Family Counselling, Field Services

4) Parklands

A.F.M. Parklands,
302 Main Street,
Dauphin, Manitoba.
Individual and Family Counselling, Field Services

5) Interlake

Interlake Centre,
114 - 6th Avenue,
Gimli, Manitoba.
[New Address as of May/82
Johnson Memorial Hospital
P.O. Box 449, Gimli, Manitoba]
Individual and Family Counselling, Field Services

6) Central

A.F.M. Central,
25 Tupper Street North,
Portage la Prairie, Manitoba.
Assessment and Referral, Field Services

7) Eastman

A.F.M. Eastman,
Provincial Building - 1st Street,
Beausejour, Manitoba.
Assessment and Referral, Field Services

ALCOHOL TREATMENT WORKER SERVICES:

Full Time:	Dauphin
	Flin Flon
	Gillam
	Rossburn
	Swan River
Part Time:	Wabowden
	Leaf Rapids
	Lynn Lake
	Pikwitonei
	Snow Lake
	Nelson House
	Ilford
	Cranberry Portage
	South Indian Lake

THE REHABILITATION PROCESS

People dependent on alcohol and other drugs are faced not only with overcoming their dependencies, but also with complex living problems which can be contributing factors to their illnesses. The rehabilitation program puts emphasis on self-awareness, self-esteem, healthier lifestyles, vocational rehabilitation, and alternatives to drugs. The objective is to enable people to cope more effectively in the community. This past fiscal year saw the Foundation increase its efforts in the area of rehabilitation for youth with the creation of a non-residential rehabilitation facility. We look forward to increasing our efforts in this area in the future.

The fiscal year 1981/82 saw the following programs in operation within the Province:

- Detox - 24 hour care designed to help an individual withdraw from the toxic effects of alcohol misuse.

- Residential Programs - a three-phase inpatient program dealing with acceptance, understanding and coping with the illness of alcoholism.

- Day Program - a three-phase program available at the Women's River Avenue Centre focusing on individual problems being solved through the energies of the group.

- Non-Residential Programs - another option for rehabilitation involving a three-phase program which is held both days and evenings, which results in minimal disruption to a client's personal life.

- Special Programs - offers extended rehabilitation to discharged clients, conducts sessions for concerned persons to ensure successful link-up with Alanon and information sessions on alcoholism to concerned groups.

  - Motor Vehicle Program - a program available to referrals from the Motor Vehicle Branch. This program involves an initial interview, a one-day education program, and a follow-up interview. A report to the Motor Vehicle Branch describes program outcome for each participant.

- Intake Services - does the screening and placement of clients according to the client's needs and programs available.

REFERRALS

Referrals are accepted from any source. The main source of referral were family members and relatives, employers, physicians, Alcoholics Anonymous, the courts and the police. Due to the Foundation's community information activities, increasing numbers of referrals came from a variety of agencies including Probation Services, vocational counsellors, clergy, and other health professionals.

OTHER SERVICES FOR ALCOHOLICS

The Foundation works closely with non-profit community societies such as Alcoholics Anonymous, Alanon, Alateen, Families Anonymous and Narcotics Anonymous, as well as private agencies which provide other services to alcoholics in the Province of Manitoba.

In addition to a collaborative effort, the Foundation funded the following external agencies:

Churchill Health Centre
Churchill, Manitoba

Sagkeeng Alcare Centre
Pine Falls, Manitoba

Main Street Project
Winnipeg, Manitoba

Kia Zan, Inc.
Winnipeg, Manitoba

Native Alcoholism Council
Winnipeg, Manitoba

Rosaire House
(The Pas Health Complex)
The Pas, Manitoba

Salvation Army Harbour Light
Winnipeg, Manitoba

X-Kalay Foundation, Inc.
Winnipeg, Manitoba

THE ALCOHOLISM FOUNDATION OF MANITOBA

FINANCIAL STATEMENTS

YEAR ENDED MARCH 31, 1982

THORNE RIDDELL
Chartered Accountants

AUDITORS' REPORT

We have examined the balance sheet of The Alcoholism Foundation of Manitoba as at March 31, 1982 and the statement of revenue and expenditure for the year then ended. Our examination was made in accordance with generally accepted auditing standards, and accordingly included such tests and other procedures as we considered necessary in the circumstances.

In our opinion, these financial statements present fairly the financial position of the Foundation as at March 31, 1982 and the results of its operations for the year then ended in accordance with the basis of accounting described in note 1 applied consistently with that of the preceding year.

Thorne Riddell

Winnipeg, Canada
May 19, 1982

Chartered Accountants

THE ALCOHOLISM FOUNDATION OF MANITOBA
(Incorporated under the laws of Manitoba)

BALANCE SHEET AS AT MARCH 31, 1982

ASSETS	1982	1981
Cash	$ 239,523	$ 49,649
Accounts receivable	39,868	17,424
Land and buildings, at cost	1,949,359	313,477
	$ 2,228,750	$ 380,550
LIABILITIES		
Accounts payable and accrued liabilities	$ 67,373	$ 15,163
SURPLUS		
Balance at beginning of year	365,387	370,193
Excess (deficiency) of revenue over expenditure	1,795,990	(4,806)
Balance at end of year	2,161,377	365,387
	$ 2,228,750	$ 380,550

Lease commitments (note 2)

Approved by the Board

Governor

Governor

THE ALCOHOLISM FOUNDATION OF MANITOBA

STATEMENT OF REVENUE AND EXPENDITURE

YEAR ENDED MARCH 31, 1982

	1982	1981
Revenue		
Province of Manitoba operating grants	$ 6,128,400	$ 5,491,700
Other revenue	193,844	32,998
	6,322,244	5,524,698
Expenditures		
Grants to other agencies	1,460,800	1,622,038
Salaries	3,174,013	2,498,741
Wages and other assistance	328,875	244,039
Advertising and exhibits	6,313	4,747
Audio-visual aids	60,450	25,471
Audit	3,700	3,900
Automobile	115,400	97,077
Board of Governors' honorarium	18,700	45,000
Books, newspapers and periodicals	12,853	13,928
Canada Pension Plan	40,423	30,653
Dental claims	14,914	3,261
Educational literature	55,877	20,158
Fees	70,627	30,176
Furnishings and equipment	64,178	64,885
Group life and accident insurance	13,760	11,153
Household requisites	26,550	29,243
Materials and repairs	77,013	100,817
Medical services and supplies	14,153	49,592
Miscellaneous	13,246	7,316
Postage and telephone	75,968	57,154
Printing, stationery, office supplies and maintenance	52,672	40,095
Property taxes	19,061	7,911
Rent and insurance	113,017	111,234
Research grants	13,357	15,770
Staff development	38,252	29,452
Subsistence	196,350	157,016
Superannuation	3,405	2,131
Training	38,571	27,165
Transportation of patients	10,544	7,344
Travel	102,509	94,915
Unemployment insurance	61,611	39,584
Utilities	85,964	37,538
	6,383,126	5,529,504
	(60,882)	(4,806)
Province of Manitoba capital grant (note 5)	2,335,000	
Less renovations and equipment	478,128	
	1,856,872	
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENDITURE	$ 1,795,990	$ (4,806)

THE ALCOHOLISM FOUNDATION OF MANITOBA

NOTES TO FINANCIAL STATEMENTS

YEAR ENDED MARCH 31, 1982

1. ACCOUNTING POLICIES

The accompanying financial statements have been prepared in accordance with generally accepted accounting principles with the exception that the costs of leasehold improvements, renovations, furniture, equipment and supplies are expensed in the year of purchase and there has been no provision made in the accounts for depreciation of buildings.

2. LEASE COMMITMENTS

The Foundation leases buildings under long-term operating leases which expire at various dates between 1983 and 1991. Some of these leases contain renewal options at rates to be negotiated. The following is a schedule by years of future minimum rental payments required under operating leases that have initial lease terms in excess of one year, as of March 31, 1982.

1983	$ 92,579
1984	25,790
1985	11,764
1986	4,647
1987	4,000
1988 - 1991	15,333
	$ 154,113

3. CONTINGENT LIABILITY

The Foundation is contingently liable under a guarantee of a bank loan for Main Street Project Inc. in the amount of $50,000. As security for this guarantee, the Foundation has obtained an assignment of the title to the property purchased with the bank loan. Upon payment of the bank loan by the Main Street Project Inc., the Foundation will transfer title to the property to Main Street Project Inc.

4. PENSION

Employees of The Alcoholism Foundation of Manitoba are pensionable under the Civil Service Superannuation Fund and make contributions at prescribed rates. The Foundation is required to pay 50% of the Fund's pension disbursements made to retired employees and these are charged to superannuation expenditures as incurred. No provision is made in the accounts to fund current or past service costs but the Superannuation Fund is subject to a triennial actuarial review. The last actuarial evaluation as at December 31, 1980 showed the Foundation's liability for unfunded pension costs to be $507,000.

5. PROVINCE OF MANITOBA CAPITAL GRANT

During the year the Foundation received a grant in the amount of $2,335,000 from the Province of Manitoba for the purchase and renovation of land and a building to house the Alcoholism Foundation of Manitoba. Of this amount, $1,635,882 was used to purchase the land and building and $478,128 has been spent in the renovation of the building. The Foundation has committed to spend an additional $244,048 completing this renovation. In accordance with the Foundation's policy, the original cost of the property has been capitalized.

THE ALCOHOLISM FOUNDATION OF MANITOBA

SCHEDULE OF RECEIPTS AND DISBURSEMENTS

YEAR ENDED MARCH 31, 1982

	1982	1981
Receipts		
Province of Manitoba operating grants received	$ 6,128,400	$ 5,491,700
Province of Manitoba capital grant received	2,335,000	
Other receipts	165,685	85,530
	8,629,085	5,577,230
Disbursements, including grants to external agencies	6,325,201	5,523,591
Purchase and renovation of 103 - 1041 Portage Avenue	2,114,010	
	8,439,211	5,523,591
Excess of receipts over disbursements	189,874	53,639
Cash (deficiency) at beginning of year	49,649	(3,990)
CASH AT END OF YEAR	$ 239,523	$ 49,649